



**FULFILLING OUR PROMISES**  
TO THE MEN AND WOMEN WHO SERVED

Disabled American Veterans, Department of Ohio  
35 E. Chestnut St., P.O. Box 15099, Columbus, OH 43215-0099 Phone (614) 221-3582 FAX (614) 221-4822  
E-mail: [Kenneth.Marcum@ohiodav.org](mailto:Kenneth.Marcum@ohiodav.org)  
Website: [www.ohiodav.org](http://www.ohiodav.org) **August, 2015**

---

**FROM THE DESK OF PHILLIP ALEXANDER**

Our thoughts and prayers go out to all our sick and fallen comrades, including DAV Past National Commander (1957-1958) - Past Department Commander (1952-1953) for Ohio Paul E. Frederick who passed on 7/21/2015. His visitation was on 7/26/2015 and was well attended by National and State Officers.

On a lighter note we attended the 2015 DAV 18<sup>th</sup> Annual Commander and Adjutant Association Orientation in Covington Kentucky. 7/18/2015-7/21/2015. It was an immense quantity of information. Teachers were National Commander Ron Hope, National Adjutant Marc Burgess, Executive Director National HQ Barry Jesinoski, Executive Director Washington HQ Garry Augustine, DAV Aux. National Commander LeeAnn Karg, DAV Aux. National Adjutant Pat Kemper, and a host of other National Officers and employees. Adjutant Ken Marcum, and Sr. Vice Commander Dave Bilinovich and I learned about the latest technology, employment, volunteer services, counsel, national foundation and membership. We also met with General Counsel and Inspector General Chris Clay, Auto membership, fund raisers, winter sports, there is a vast network of information that helps our organization (go to your DAV website DAV.org).

Our organization will soon reach 1.3 million DAV members so don't pass up your opportunity to help-ask someone every week to join.

We are looking forward to our 95<sup>th</sup> National Convention at the Sheraton Hotel in Denver, Co. starting 8/7/2015. Every member attending is asked to be a delegate or alternate for a committee if possible. This is a perfect place to renew old acquaints and meet and encourage new people, sharing ideas and passing them on to our local Districts and Chapters. This will further increase participation within our state. Convention delegates will draw attention to the critical issue of VA healthcare in the aftermath of the 2014/2015 access-to-care crisis and how DAV believe the system can be reformed to better serve the healthcare needs of the men and women for whom this system was designed.

Many Chapters are hosting local County fairs this month. This is the perfect time to circulate literature and pass the word about our DAV license plates. Remember if asked a question that you don't know the answer to, don't be afraid to let the person know that you will get back with them and keep an open line of communication with the answer. Have all your important DAV numbers handy, service officers, county services, job services, as well as women Veterans services. Keep in mind that web sites and social media are our new front line for communications. Don't be afraid to invite inactive members to your local Chapter meetings. Welcome them by shaking their hand and ask them to come on home!

And remember **BE OF SERVICE.**

*Phillip Alexander*  
State Commander

## **IMPORTANT NUMBERS**

Nat'l. Hdqrs., DAV	(877) 426-2838	
NSO Office, Cleveland	(216) 522-3507	
NSO Office, Cincinnati	(513) 684-2676	
Washington Office, DAV	(202) 554-3501	
Cincinnati DSO, Tom Kirstein	(513) 475-6443	<i>Tuesday, Thursday</i>
Lisa Wilson		<i>Monday, Wednesday, Friday</i>
Dayton DSO, Leland Sink	(937) 268-6511	<i>Tuesday, Thursday</i>
	Ext. 2962	
Wade Park DSO,	(216) 791-3800	<i>Monday, Wednesday, Friday</i>
Walter Dryja	Ext. 3395	
Chillicothe DSO,	(740) 773-1141	<i>Monday- Friday</i>
Darlene Maravilla	Ext. 7916	
Columbus Clinic DSO,		
Henry Snodgrass	(614) 257-5487	<i>Monday- Friday</i>
Harold Mitchell	(614) 257-5687	<i>Tuesday, Wednesday</i>
Parma Clinic DSO,	(216) 739-7000	<i>Monday-Thursday</i>
Richard Healy	Ext. 2405	

## **DATES TO REMEMBER**

August 6-8, 2015	Forget-Me-Not, Madison County Chapter #93, Walmart and Huntington Bank, London, Ohio.
August 7, 2015	Forget-Me-Not, Clermont County Chapter #63, Sam's Club, Eastgate Plaza, Cincinnati, Ohio.
August 7-8, 2015	Forget-Me-Not, Darke County Chapter #57, Eikenberrys South, Ace Hardware, Greentown LLC, Greentown LLC, Kroger, Marathon, Greenville, Ohio.
August 8-11, 2015	National Convention, Sheraton Hotel, Denver, CO.
August 13-15, 2015	Forget-Me-Not, Madison County Chapter #93, Lovejoy Rest, Mt. Sterling, Ohio.
August 21-22, 2015	Forget-Me-Not, Thorold Heinlen Chapter #100, Bucyrus, Ohio.
August 22, 2015	Forget-Me-Not, Auglaize County Chapter #73, Wapakoneta Community Market and Walmart, Wapakoneta, Ohio.
August 28, 2015	Forget-Me-Not, Clermont County Chapter #63, Sam's Club, Eastgate Plaza, Cincinnati, Ohio.
August 28-29, 2015	Forget-Me-Not, Thorold Heinlen Chapter #100, Galion, Ohio.
August 29, 2015	Forget-Me-Not, Darke County Chapter #57, Darke County Fair, Veterans Building, Greenville, Ohio.
Sept. 11-12, 2015	Forget-Me-Not, Thorold Heinlen Chapter #100, Crestline, Ohio.
Sept. 12, 2015	District Five (5) Meeting, American Legion 1544, US Hwy W. 20, Norwalk, OH 1p.m.
Sept. 17-20, 2015	Forget-Me-Not, Adams County Chapter #71, Old Timers Day Festival, Peebles, OH.
Sept. 19, 2015	District Two (2) Meeting, Clark County Chapter #13, 2410 Mechanicsburg Rd., Springfield, OH 11a.m.-2p.m.
Sept. 19, 2015	Forget-Me-Not, Wayne County Chapter #44, Walmart, Wooster, Ohio.
Oct. 10, 2015	District Nine (9) Meeting, Ross County Chapter #18, AMVETS 317 E. Main St., Chillicothe, OH Lunch at 12p.m., Meeting at 1p.m.
Oct. 11, 2015	District Four (4) Meeting, The Buddy Chapter #43, 606 Fistlock Ave., Findlay, OH
Oct. 11, 2015	District Eight (8) Meeting, Bellaire Chapter #117, 3134 Guernsey St., Bellaire, OH at 12 Noon.
Oct. 18, 2015	District Six (6) Meeting, Trumbull County Chapter #11, 2044 Youngstown Rd., Warren, OH, Lunch at 1p.m., Meeting at 2p.m.
Oct. 30, 2015	Chapter Commander's, Adjutant's & Treasurer's Training at 10a.m., Crowne Plaza, Dublin, Ohio. More Information to follow.
Oct. 30 – Nov. 1, 2015	Fall Conference, Crowne Plaza, Dublin, Ohio.
November 10, 2015	Forget-Me-Not, Wayne County Chapter #44, Buehler Food Market, Orrville, Ohio.
February 21-24, 2016	Mid-Winter Conference, Arlington, VA.
June 23-26, 2016	Department of Ohio Convention, Crowne Plaza, Dublin, Ohio.
November 4-6, 2016	Fall Conference, Crowne Plaza, Dublin, Ohio.
Feb. 26-Mar. 1, 2017	Mid-Winter Conference, Arlington, VA.
July 29, Aug. 1, 2017	National Convention, New Orleans, LA.
February 25-28, 2018	Mid-Winter Conference, Arlington, VA.

## **NOTES FROM THE STATE ADJUTANT KENNETH MARCUM**

### **Vietnam Warriors**

Confusion reigns when it comes to numbers and the Vietnam War. Listed below are some figures that may help sort out fact from fiction in many media reports concerning veterans.

## **IN UNIFORM AND IN COUNTRY**

- Vietnam Vets: 9.7% of their generation.
  - 9,087,000 military personnel served on active duty during the Vietnam era (Aug. 5, 1964-May 7, 1975).
  - 8,744,000 personnel were on active duty during the war (Aug. 5, 1964 – March 28; 1973).
  - 3,403,100 (including 514,300 offshore) personnel served in the Southeast Asia Theater (Vietnam, Laos, Cambodia, Thailand and sailors in adjacent South China Sea waters).
  - 2,394,000 personnel served within the borders of South Vietnam (Jan. 1, 1965–March 18, 1973).
  - Of the 2.6 million, between 1 and 1.6 million (10-60%) either fought in combat, provided close combat support or were at least fairly regularly exposed to enemy attack 15% were in combat units.
  - Another 50,000 men served in Vietnam between 1960 and 1964.
  - 7,484 women (6,250 or 83.5% were nurses) served in Vietnam.
- Peak troop strength in Vietnam: 543,482 (April 30, 1969).

## **CASUALTIES**

- Hostile deaths: 47,118.
- Non-hostile deaths: 10,811.
- Total: 58,229 (includes men formerly classified as MIA and Mayaguez casualties). Men who have subsequently died of wounds account for the changing total.
- 8 nurses died, 1 K.I.A.
- Married men killed: 17,539.
- 61% of the men killed were 21 years old or younger.
- Highest state death rate: West Virginia
- 84.1 per 100,000 males (national average in 1970: 58.9).
- Wounded: 303,704; 153,329 hospitalized + 150,375 injured who required no hospital care.
- Severely disabled: 75,000 — 23,214 100% disabled; 5,283 lost *limbs*; 1,081 sustained multiple amputations.
- Amputation or crippling wounds to the lower extremities were 300% higher than in WWII and 70% higher than in Korea.
- Multiple amputations occurred at the rate of 18.4% compared to 5.7% in WWII.
- Missing in Action: 2,338 (at war's end).
- Prisoners of War: 766 (114 died in captivity).

## **DRAFTEES VS. VOLUNTEERS**

- 25% (648,500) of total forces in country were draftees. (66% of U.S. armed forces members in WWII were drafted.)
- Draftees accounted for 30.4% (17,725) of combat deaths in Vietnam.
- Reservists killed: 5,977.
- National Guard: 9,000 served; 22 KIA.

## **RACE & ETHNIC BACKGROUND**

- 88.4% of the men who actually served in Vietnam were Caucasian (includes Hispanics); 10.6% (275,000) were black; 1% belonged to other races.
- 86.3% of the men who died in Vietnam were Caucasian; 12.5% (7,241) were black; 1.2% belonged to other races.
- 170,000 Hispanics served in Vietnam; 3,070 (5.2% of total) died there.
- 86.8% of the men who were killed as a result of hostile action were Caucasian; 12.1% (5,711) were black; 1.1% belonged to other races.
- 14.6% (1,530) of non-combat deaths were among blacks.
- 34% of blacks who enlisted volunteered for the combat arms.
- Who enlisted volunteered for the combat arms.
- Overall, blacks suffered 12.5% of the deaths in Vietnam at a time when the Percentage of blacks of military age was 13.5% of the total population.
- Religion of dead: Protestant — 64.4%; Catholic — 28.9%; other/none — 6.7%.

## **SOCIO-ECONOMIC STATUS**

- 76% of the men sent to Vietnam were from lower middle/working class backgrounds.
- Three-fourths had family incomes above the poverty level; 50% were from middle income backgrounds.
- Some 23% of Vietnam vets had fathers with professional, managerial or technical occupations.
- 79% of the men who served in Vietnam had a high school education or better when they entered the military service. (63% of Korean War vets and only 45% of WWII vets had completed high school upon separation.)

## **WINNING & LOSING**

- 82% of veterans who saw heavy combat strongly believe the war was lost because of lack of political will.
- Nearly 75% of the general public agrees that it was a failure of political will, not of arms.

## **AGE & HONORABLE SERVICE**

- Average age of the Vietnam War GI: 19 (26 for WWII).
- 97% of Vietnam-era veterans were honorably discharged.

## **PRIDE IN SERVICE**

- 91% of actual Vietnam War vets and 90% of those who saw heavy combat are proud to have served their

country.

- 66% of Vietnam vets say they would serve again if called upon (polled in the 1980s).
- 87% of the public now hold the Vietnam veterans in the highest esteem.

### Congressional Commemoration in honor of the 50<sup>th</sup> Anniversary of the Vietnam War

I had the opportunity to attend the 50<sup>th</sup> Anniversary of the Vietnam War. Speaker of the House, John Boehner, invited a select group of Vietnam Veterans from Ohio to attend. I was able to attend by taking the place of Max Cleland, Director of American Battle Monuments Commission.

I arrived at the event on Wednesday morning and flew out that evening. I went to represent the Ohio DAV. While I was there, I made sure that all speakers received a Chapter 3 DAV Challenge Coin and card. Senator John McCain was very impressed with what Ohio had been doing for disabled veterans through our program. He thanked me for the coin and said he would place it on his desk with pride.

Former Secretary of Defense Chuck Hagel, the best speaker of the day, got a standing ovation. He spoke from his heart about what Vietnam veterans had to endure during and after the war.



Last, but not least, I had the honor of speaking with Jan C. Scruggs. He is a United States Army Veteran who served in the Vietnam War, and later founded the Vietnam Veterans Memorial Fund, which built the Vietnam Veterans Memorial in Washington D.C. He was surprisingly low key and thanked those who donated to help fund the Wall monument and its buildings. He also thanked all of the Veterans Organizations for their help in making the wall become a reality to honor those who served.

I would like to thank the Chapter 3 DAV members for sending me to this great event. It was a privilege to attend and represent and share our chapter's progress and what we do for disabled veterans, while celebrating and remembering those who served in Vietnam.

*James Kaster*  
Tenth District Commander

### #GiveThem20 Veterans Awareness Campaign Could Be This Summer's Ice Bucket Challenge

Remember almost a year ago when practically every celebrity and well-meaning aunt under the sun was dumping ice-cold water on their heads? With the #IceBucketChallenge a [soon-to-be-distant memory](#), a new "challenge" is starting to make the rounds on social media.

[The #GiveThem20 challenge](#) is a new push aimed not at raising funds but, instead, raising awareness for American veterans and some of the struggles they face, particularly re-entering the workforce when they return from service. The challenge is simple: It begins with dedicating 20 push-ups or other actions -- organizers encourage participants to "get creative"-- captured on video as a salute to veterans. Participants then challenge two friends to do the same after the video is shared to social media.

The push is backed by [American Corporate Partners](#), a nonprofit founded in 2008 to help returning veterans build their post-military careers. The organization offers a unique online community, called [the ACP AdvisorNet](#) that encourages people to volunteer 20 minutes of their time to offer career advice and serve as mentors to veterans.

The group also hosts a free job board for employers looking to hire veterans and resources for job seekers. It has won the support of corporate and political leaders across the spectrum -- conservative advisor Karl Rove and Democratic strategist David Axelrod [came together last year to back](#) ACP's work.

"Whether you're red or blue or left of center or right of center, it doesn't make a difference," Sidney Goodfriend, ACP's founder and chairman, told The Huffington Post. "We all should figure out a way to help these guys."

The need is clear. Though veteran unemployment fell to [its lowest level since 2008](#) earlier this year, many veterans still struggle to find themselves on a new career track as a civilian, particularly job seekers who are [female or post-9/11](#) veterans.

A number of high-profile names have already participated, including television personalities Jimmy Kimmel, Carson Daly and John Oliver, actor Will Arnett, the New York Mets, the Washington Nationals and the Rockettes, who contributed 20 high kicks to the effort before nominating Derek Hough of "Dancing with the Stars" and "Today" host Hoda Kotb.

When asked who he was most hoping would step up to take part in #GiveThem20, Goodfriend offered up a trio of A-listers: Taylor Swift, Jay Z and President Barack Obama.

Beyond the awareness raised through the videos, the goal is that participants will take their involvement further, donating their time to the cause in a way that lets veterans know their service is genuinely appreciated. Another important element of the #GiveThem20 challenge, Goodfriend said, is that veterans can watch the videos [on one centralized website](#) and witness the acts of solidarity.

## **COPING WITH DEPRESSION IN A FAMILY MEMBER**

Depression can be a serious illness that afflicts anyone regardless of age, gender, race, ethnicity or social status. Depression in an individual affects everyone in the family. Initially the depressed person may have symptoms (intense sadness, sleeping and concentration problems, guilt, increased or decreased appetite, loss of energy) that are confusing to the rest of the family. Sometimes a depressed person denies having the symptoms which makes it harder for others to be helpful and understanding. If someone in your family suffers from depression it is important for you to understand how it can affect you and others in the family.

### **HELPFUL STRATEGIES:**

Unfortunately, there is still a stigma attached to being depressed. Depression is a condition that is caused by many factors. Stress, suffering a major loss such as a job or loved one, can trigger a depressive episode. There is also a genetic component to depression as there is with many medical illnesses. Educate yourself about depression. In some cases it may be appropriate to talk to your family member's doctor about depression. Accept that you may have mixed feelings. When someone is depressed it affects the entire family.

There may be a change in the household routines. You may be asked to take on more responsibility and be involved in the treatment process. This can be frustrating. This frustration can sometimes turn into anger if you are having a hard time communicating with the person who is depressed. These feelings are a normal part of the adjustment process. It is important that you be able to both accept and express your own feelings when someone else is depressed. This may be particularly hard for children who will have a hard time bringing up issues that may be hard to face. If your family member is balking at treatment and considering quitting, encourage them not to do so. Suggest that they talk to their therapist about their concerns immediately. Most physicians and therapists who treat depression encourage family involvement in the treatment of depression. It may be helpful to attend a session in order to understand the treatment process and learn what you can do to be helpful and still manage your own feelings.

*Kenneth Marcum*  
State Adjutant

## **Agent Orange's Effects Can't Stop Dayton DAV Veteran from Helping Local Veterans**

Dayton DAV Veteran continues to help others despite his own injuries.

[PRLog](#) - **June 19, 2015** - Retired U.S. Marine and DAV (Disabled American Veteran) Life Member, Vince Dec, joins members of the DAV Flight Team this weekend, alongside the B-25 Bomber *Panchito* at the Vectren Dayton Air Show in order to share DAV's message of support for local veterans. Vince Dec is being recognized for his extraordinary service with a special award: "Strength & Courage...Then & Now", reminding us that the services and benefits provided by DAV are just as relevant now as they were when DAV was founded in 1920.



In 1967, 18-year-old Indiana local, Vince Dec watched as his friends were drafted one-by-one to serve their country in the Vietnam War. Dedicated to country and helping others, Vince wanted to follow his father who joined the United States Marines following Pearl Harbor and fought in the Battle of Midway. Vince Dec went to enlist in the Marines only to be told he would need his mother's sign-off, seeing as he was the sole son of his Marine father who passed away due to wounds received in action. Reluctantly Vince's mother signed off two months after the initial request and Vince was shipped to Vietnam.

Known as a soldier who would do whatever necessary – whether asked to or not - Vince Dec was transporting and cleaning materials including sandbags, lumber and barrels. Unbeknownst to him, these barrels contained Herbicide Orange (HO) better known as Agent Orange. Two weeks later, Vince Dec found himself being discharged on the temporary retirement list as he was battling five different skin diseases including rashes and tumors. Doctors told Vince that he would never fully recover from the condition and that he would not be able to continue pursuing his dream of someday flying for the Marines. He was honorably discharged, receiving the Meritorious Mast Display Recognition for devotion to God, Country and the Marine Corps for his "can do" and morally responsible attitude.

In addition to suffering physically from these skin conditions, Vince Dec further struggled with Post Traumatic Stress Disorder (PTSD), which dramatically impacted his personal life. Hearing that the VA in Dayton had a tremendous PTSD program, Vince moved there and started work right away. To this day he is grateful for the many individuals helped him on his road to recovery.

Through all his trials and tribulations, Vince continued to contribute to those in need – volunteering with the Lupus Association, Multiple Sclerosis Society, Dayton VA and other local hospitals until he found his path with DAV.

Vince Dec was convinced to transfer to DAV Dayton Chapter 9 where he actively has recruited many of the local, active members. He served many positions over the years including National Deputy Chief of Staff for the 2013-2014 National Commander, Joe Johnston.

Working with the DAV and the Dayton VA for almost 7,000 hours in the past six years it is clear that Vince Dec is dedicated to helping others in any way he can help. Vince can often be found driving veterans to doctor's appointments where he often hears praise for his

service and how DAV has helped improve the quality of these wounded veterans' lives.

"I love what I am able to do by being a DAV member. The DAV is such an elite organization that helped me and takes care of other veterans and their families. I have such respect for DAV - for the people I work with and those I am able to meet because of my position here. I am a proud DAV life member since 1978. I urge any and all veterans to come talk to me or any local representative to see how we can help fulfill our promises to our heroes, the men and women who served," said Vince Dec.

Vince Dec proudly joins the DAV Flight Team at the Vectren Dayton Air Show alongside the B-25 *Panchito* to provide information about DAV programs/benefits and to remind people of the sacrifices veterans make for freedom.

The DAV Flight Team is an aviation outreach program on a nationwide air show circuit to promote the services DAV provides to injured veterans and their family members.

DAV (Disabled American Veterans), representing more than 1.2 million disabled veterans, is a non-profit organization founded in 1920 and chartered by the U.S. Congress in 1932. It is dedicated to one single purpose: fulfilling our promises to the men and women who served.

For more information about DAV, visit <http://www.DAV.org>

For more information about DAV Flight Team, visit <http://www.DAVFlightTeam.com>

## **OBITUARY**

### **Paul E. Frederick**

(March 21, 1923-July 21, 2015)

Paul E., beloved husband of the late Patricia "Patsy" (nee Logan) Frederick. Devoted and most cherished Daddy of Patty (Ed) Rivera, Sandy (Barry) Schuster, Paula (Bob) Heinecke, Lynn (Dennis) Yockey and Beth (Jim) Schoenlaub. Loving and proud grandfather of Ed (Elizabeth) Rivera, Tricia (Mark) Hoffmann, Michael (Jodi) Rivera, Ann (Mike) Hug, Katie (Russ) Litt, Paul (Cornie) Schuster, Dawn (David) Ravenscraft, Danielle (Pat) McCarthy, Tracy (Keith) Jones, Rob (Tracy) Heinecke, Scott (Tracy) Heinecke, Kari Donaldson, Todd (Alison) Heinecke, Renee (Ryan) Reardon, Victor Yockey, Matthew (Christina) Yockey, Sarah (Scott) Kist, Elizabeth (Chris Cullum) Schoenlaub, Emily Schoenlaub and the late Jimmy Schoenlaub. Great grandfather of Logan, Alex, Gabe, Spencer, Marissa and Madison Rivera, Julia, Nicholas and Abby Hoffmann, Chase, Layne and Miles Rivera, Benjamin and Jacob Hug, Gabi (Jonny) Chick, Austin, Isaac and Tierney Schuster, Reid, Rhet and Ryne Ravenscraft, Allison and Patrick McCarthy, Maddox, Avery and Luca Jones, Aimee and Robby Heinecke, Megan, Tyler, Max and Kaitlyn Heinecke, Brandon, Grace, Shawn and Hope Donaldson and Kaden Paul Heinecke, Ethan, Jackson, Luke and Bennett Reardon, Ava, Ella and Mia Kist and Isabel Cullum. Preceded in death by his parents Paul and Otilda (nee Trapp) Frederick and his sister Jeanne Hais. Also survived by his dedicated caregiver Angela Norwell and many nieces, nephews and cousins. Paul was a proud graduate of Roger Bacon High School and Xavier University. Member St. James (White Oak) Seniors, Past President Ohio Funeral Directors Association, Past Department Commander (1952-1953) and National Commander (1957-1958) for Disabled American Veterans and member of the Ohio Veterans Hall of Fame. Paul proudly served his country as a medic in the U.S. Army during WWII and was a Purple Heart recipient. Paul was the second generation funeral director and owner of Frederick Funeral Home. He passed away surrounded by his family on Tuesday, July 21, 2015 at the age of 92.

***How do you see yourself when you look in a mirror?***



**The D.A.V. offers SECOND CHANCES**